

december nslp psc lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> · All Natural Cheeseburger on a Whole Grain Bun · BBQ Chicken Sandwich on a Whole Grain Bun · Egg Salad Sandwich on a Whole Grain Bun (DF & VG) 	<ul style="list-style-type: none"> · Hot Meatball Sub on a Whole Grain Bun · Cheese Lasagna with Whole Grain Pasta (VG) · Sesame Chicken Wrap (DF) 	<ul style="list-style-type: none"> · Sausage Pizza · Chicken Taco Trio · Cheese Sandwich on a Whole Grain Bun (VG) · DF By Request (Egg Salad) 	<ul style="list-style-type: none"> · Cheesy Chicken Quesadilla · Cheese Tamale with Brown Rice (VG) · Chicken Ranch Wrap · DF By Request (Chicken Salad) 	<ul style="list-style-type: none"> · Chicken Bites (DF) · Cheese Enchiladas (VG) · Ham Pinwheels
<ul style="list-style-type: none"> · Shredded Lettuce and Sliced Tomatoes 1 	<ul style="list-style-type: none"> · Glazed Carrots 2 	<ul style="list-style-type: none"> · Steamed Corn 3 	<ul style="list-style-type: none"> · Sliced Cucumber 4 	<ul style="list-style-type: none"> · Tomatoes with RANCH 5
<ul style="list-style-type: none"> · Pasta with Zesty Beef · Pasta Alfredo (VG) · Tuna Salad Sandwich on a Whole Grain Bun (DF) 	<ul style="list-style-type: none"> · Chicken Teriyaki with Brown Rice (DF) · Chicken Fajita Burrito · Cheese Sandwich on a Whole Grain Bun (VG) 	<ul style="list-style-type: none"> · All Natural Cheeseburger on a Whole Grain Bun · Bean and Cheese Quesadilla (VG) · Turkey and Cheese Sandwich on a Whole Grain Bun · DF By Request (Chicken Salad) 	<ul style="list-style-type: none"> · Spaghetti and Meatballs (DF) · Chicken Marinara Bake · Sunbutter and Jelly Sandwich on a Whole Grain Bun (VG) 	<ul style="list-style-type: none"> · Sloppy Joe on a Whole Grain Bun (DF) · Cheese Pizza with a Whole Grain Crust (VG) · BBQ Chicken Wrap
<ul style="list-style-type: none"> · Chilled, Seasoned Green Beans 8 	<ul style="list-style-type: none"> · Blanched Broccoli Florets 9 	<ul style="list-style-type: none"> · Shredded Lettuce and Sliced Tomatoes 10 	<ul style="list-style-type: none"> · Steamed Carrots 11 	<ul style="list-style-type: none"> · Potato Salad 12
<ul style="list-style-type: none"> · Chicken Bites (DF) · BBQ Meatballs with Cheesy Rice · Egg Salad Sandwich on a Whole Grain Bun (DF & VG) 	<ul style="list-style-type: none"> · Chicken Taco Trio · Cheese Lasagna with Whole Grain Pasta (VG) · Sesame Chicken Wrap (DF) 	<ul style="list-style-type: none"> · Sausage Pizza · BBQ Chicken with Cheesy Rice · Cheese Sandwich on a Whole Grain Bun (VG) · DF By Request (Chicken Salad) 	<ul style="list-style-type: none"> · Grilled Chicken Sandwich on a Whole Grain Bun (DF) · Sloppy Joe on a Whole Grain Bun (DF) · Sunbutter and Jelly Sandwich on a Whole Grain Bun (VG) 	<ul style="list-style-type: none"> · Chicken Tamale with Brown Rice (DF) · Bean and Cheese Quesadilla (VG) · Turkey Pinwheels
<ul style="list-style-type: none"> · Tomatoes with RANCH 15 	<ul style="list-style-type: none"> · Glazed Carrots 16 	<ul style="list-style-type: none"> · Sliced Cucumber 17 	<ul style="list-style-type: none"> · Shredded Lettuce and Sliced Tomatoes 18 	<ul style="list-style-type: none"> · Steamed Corn 19
<ul style="list-style-type: none"> · All Natural Cheeseburger on a Whole Grain Bun · Buffalo Chicken Sandwich on a Whole Grain Bun · Egg Salad Sandwich on a Whole Grain Bun (DF & VG) 	<ul style="list-style-type: none"> · Pasta with Zesty Beef · Pasta Alfredo (VG) · Chicken Salad Sandwich on a Whole Grain Bun (DF) 	<ul style="list-style-type: none"> · Chicken Fajita Burrito · Cheese Ravioli with Marinara Sauce (VG) · BBQ Chicken Wrap · DF By Request (Chicken Salad) 		
<ul style="list-style-type: none"> · Shredded Lettuce and Sliced Tomatoes 22 	<ul style="list-style-type: none"> · Steamed Carrots 23 	<ul style="list-style-type: none"> · Coleslaw 24 	<ul style="list-style-type: none"> 25 	<ul style="list-style-type: none"> 26
<ul style="list-style-type: none"> 29 	<ul style="list-style-type: none"> 30 	<ul style="list-style-type: none"> 31 		



Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when orange juice is served once per week.
Lunch: choice of 1% or fat-free milk; fresh fruit available daily.
Dairy-free (DF) and vegetarian (V) menu items available daily – if not listed on the menu, then available upon request.
 This institution is an equal opportunity provider.

real food for all™